

EPI-PEN GUIDELINES

Any student with a life-threatening allergy requiring the use of Epi-Pen (epinephrine) will have a Food & Allergy Action Plan (FAAP). This plan will include the specifics regarding when the pen is to be used and who is to be contacted in case of an emergency. The allergy action plan must be approved by a physician.

Parents will be requested to provide specific information from their physician, preferably an allergist, about their student's allergies/treatment. This information will form the basis of the allergy action plan. Health Services staff may request a written release to permit staff to contact the physician for plan approval.

Parents are encouraged to provide emergency medication/treatment for use in the event the student comes in contact with specific allergens.

Normal practice will be to call 911 when an Epi-Pen is administered. If the physician provides an alternative emergency medical plan, the plan will be implemented. Severity of symptoms (difficulty with respiration, swelling of airways, drop in blood pressure, etc..) may necessitate calling 911 regardless of the alternative plan. In a true life-threatening allergic reaction, the effects of epinephrine are short lived, and may only provide enough time to transport the victim to emergency services for treatment.

Appropriate staff members will be notified of students with severe allergies and provided a copy of the student's allergy action plan.

Parents are encouraged to contact your school health room staff for additional information.